

Medical Aid in Dying Laws Across the United States

Medical aid in dying laws share several core safeguards, but the request process, waiting periods, provider requirements, and residency rules vary by jurisdiction. This public overview is designed as a starting point; the free state-specific learning programs provide more detail.

Quick National Overview

Jurisdictions with medical aid in dying authorized or enacted				
JURISDICTION	LEGAL STATUS	RESIDENCY	TERMINAL PROGNOSIS	SELF-ADMINIST
California	Authorized 2016; permanent as of Oct. 3, 2025	Required	6 months or less	Required
Colorado	Authorized 2016; updated 2024	Required	6 months or less	Required
Delaware	Authorized Jan. 1, 2026	Required	6 months or less	Required
District of Columbia	Authorized 2017	Required	6 months or less	Required
Hawai‘i	Authorized Jan. 1, 2019	Required	6 months or less	Required
Illinois	Enacted — not yet effective Sept. 12, 2026	Required	6 months or less	Required

Maine	Authorized 2019; waiting-period rules updated 2025	Required	6 months or less	Required
Montana	Court-authorized Baxter v. State, 2009	No statutory MAID residency rule	Terminally ill*	Required Baxter fra
New Jersey	Authorized Aug. 1, 2019	Required	6 months or less	Required
New Mexico	Authorized 2021	Required	6 months or less	Required
New York	Authorized Aug. 5, 2026	Required	Less than 6 months	Required
Oregon	Authorized 1997; residency removed 2023	Not required	6 months or less	Required
Vermont	Authorized 2013; residency removed May 2, 2023	Not required	6 months or less	Required
Washington	Authorized 2009; updated 2023	Required	6 months or less	Required

* Montana differs from the other jurisdictions because its legal framework comes from the Montana Supreme Court's *Baxter v. State* decision rather than a detailed medical-aid-in-dying statute. The decision refers to a mentally competent, terminally ill adult but does not create the same statutory six-month eligibility rule used elsewhere.

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