

Explore by State or Jurisdiction

California

Authorized · 2016; permanent as of Oct. 3, 2025

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 48 hours apart, plus a written request.
Provider review	Attending + consulting physicians.

California reduced the interval between oral requests to 48 hours in 2022.

Official / primary source ↗

Colorado

Authorized · 2016; updated 2024

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 7 days apart, plus a written request. The interval may be shortened if death is expected within 48 hours.
Provider review	Attending + consulting providers; physicians or APRNs may serve in these roles.

Colorado expanded eligible providers and shortened the oral-request interval in 2024.

Official / primary source ↗

Delaware

Authorized · Jan. 1, 2026

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 15 days apart, plus a written request. The written request must be submitted at least 48 hours before medication can be dispensed.
Provider review	Attending + consulting physician or APRN.

Delaware's law became effective January 1, 2026.

Official / primary source ↗

District of Columbia

Authorized · 2017

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 15 days apart, plus a written request before the second oral request and at least 48 hours before medication may be prescribed or dispensed.
Provider review	Attending + consulting physicians.

The District uses a traditional two-oral-request process.

Official / primary source ↗

Hawai'i

Authorized · Jan. 1, 2019

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 5 days apart, plus a written request after eligibility is confirmed.
Provider review	Three-provider review: attending + consulting provider + mental-health provider. Physicians and qualified APRNs may serve as attending or consulting providers.

Hawai'i requires a mental-health capacity evaluation for every participant.

[Official / primary source ↗](#)

Illinois

Enacted — not yet effective · Sept. 12, 2026

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Initial oral request, written request, then a second oral request at least 5 days after the first. The interval may be shortened if death is expected within 5 days.
Provider review	Attending + consulting physicians.

As of August 26, 2026, the law is enacted but does not take effect until September 12, 2026.

[Official / primary source ↗](#)

Maine

Authorized · 2019; waiting-period rules updated 2025

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 15 days apart, plus a written request no earlier than 15 days after the first oral request; at least 48 hours from written request to prescription. Portions may be waived, but the total wait cannot be less than 7 days.
Provider review	Attending + consulting physicians.

Maine revised its waiting-period provisions in 2025.

[Official / primary source ↗](#)

Montana

Court-authorized · Baxter v. State, 2009

Residency	No statutory MAID residency rule
Prognosis	Terminally ill*
Capacity	Mentally competent
Self-administration	Required under the Baxter framework
Request process	No detailed statutory request or waiting-period schedule. Montana's framework comes from the state Supreme Court decision in Baxter v. State.
Provider review	Physician; the court decision provides a legal defense rather than a step-by-step statutory program.

*Unlike the statutory programs, Baxter does not establish a detailed six-month MAID eligibility rule. Montana deserves especially careful legal review.

[Official / primary source ↗](#)

New Jersey

Authorized · Aug. 1, 2019

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 15 days apart, plus a written request; at least 48 hours from the written request to the prescription.
Provider review	Attending + consulting physicians.

New Jersey follows the traditional two-oral-request model.

[Official / primary source ↗](#)

New Mexico

Authorized · 2021

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	A voluntary request is evaluated by the prescribing provider. There is generally a 48-hour wait after the prescription is written before it may be filled; the wait may be waived if the patient is unlikely to survive it.
Provider review	MD, DO, APRN, or PA may be a prescribing provider; medical confirmation requirements vary, and in most cases two clinicians are involved with at least one MD or DO.

New Mexico does not use the same multi-oral-request structure found in many other states.

[Official / primary source ↗](#)

New York

Authorized · Aug. 5, 2026

Residency	Required
Prognosis	Less than 6 months
Capacity	Required + mandatory mental-health evaluation
Self-administration	Required
Request process	One oral request recorded by audio or video, plus a signed written request with two witnesses. Medication cannot be filled until 5 days after the prescription is written.
Provider review	Attending + consulting physicians, plus mandatory capacity evaluation by a psychologist or psychiatrist.

New York's law took effect August 5, 2026 and differs substantially from the older Oregon-style model.

[Official / primary source ↗](#)

Oregon

Authorized · 1997; residency removed 2023

Residency	Not required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 15 days apart, plus a written request; normally at least 48 hours from written request to prescription. Waiting periods may be waived when they exceed the patient's life expectancy.
Provider review	Attending + consulting physicians.

Oregon removed its residency requirement in 2023.

[Official / primary source ↗](#)

Vermont

Authorized · 2013; residency removed May 2, 2023

Residency	Not required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 15 days apart, plus a written request.
Provider review	Prescribing physician + second physician for confirmation.

Vermont eliminated its residency requirement in 2023.

[Official / primary source ↗](#)

Washington

Authorized · 2009; updated 2023

Residency	Required
Prognosis	6 months or less
Capacity	Required
Self-administration	Required
Request process	Two oral requests at least 7 days apart, plus a written request; at least 7 days from the first oral request to the prescription.
Provider review	Attending + consulting qualified medical providers; physicians, physician assistants, and ARNPs may qualify.

Washington shortened its waiting period and expanded eligible provider types in 2023.

[Official / primary source ↗](#)